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WHAT IS CLAIMED IS:

- 1. A micro-electro-mechanical (MEMS) device comprising:
- a) a component layer having a frame and at least one component movably connected to the frame;
- b) an actuator layer having at least one conductive path and at least one actuator for moving the component;
 - c) at least one spacer to separate the component layer and the actuator layer by a vertical gap spacing, the spacer optionally being separate from or part of the component layer and/or the actuator layer; and
 - d) at least one resilient member coupled to the component layer and the actuator layer, wherein the component layer, spacer and actuator layer are held in laterally-aligned and vertically spaced relation by resilient force from the resilient member.
 - 2. The MEMs device of claim 1 wherein the component layer and the actuator layer have facing surfaces, each having a planar configuration.
 - 3. The MEMs device of claim 1 wherein the component layer or the actuator layer has a mesa configuration.
 - 4. The MEMs device of claim 1 wherein the component layer, the spacer, and the actuator layer are laterally self-aligned by alignment slots, protruding features, or stepped edges present in one or more of the layers.
 - 5. The MEMs device of claim 1 wherein the spacer aerodynamically isolates the mirror by blocking at least 20% of the peripheral area underlying the component.
 - 6. The MEMs device of claim 1 wherein the component is a mirror.

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- 7. The MEMs device of claim 1 wherein the actuator layer has a mirror image pattern of the component layer.
- 8. The MEMs device of claim 1 wherein the component layer comprises single crystal silicon.
- 5 9 The MEMs device of claim 1 wherein the component layer comprises polycrystalline silicon.
 - 10. The MEMs device of claim 1 wherein the component is a mirror comprising a coating of metal.
 - 11. The MEMs device of claim 1 wherein the spacer has a coefficient of thermal expansion (CTE) different from the component layer and the actuator layer by not more than 50%.
 - 12. The MEMs device of 11 wherein the spacer comprises a material selected from the group consisting of Si, Mo, W, Zr, Hf, Ta, Ti, Fe-Ni alloys or Fe-Co-Ni alloys.
 - 13. The MEMs device of claim 1 wherein the range of resilient coupling is at least 5 micrometers.
 - 14. The MEMs device of claim 1 wherein the spacer is comprised of ferromagnetic material.
- 15. The MEMs device of claim 1 wherein a transparent plate is disposed overlying the component layer.
 - 16. The MEMs device of claim 1 wherein the spacer includes walls defining a cavity below the component and the walls are conductive to electrostatically isolate the component.

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- 17. The MEMs device of claim 16 wherein the walls substantially cover the peripheral area around the cavity to aerodynamically isolate the cavity.
- 18. The MEMs device of claim 1 wherein the resilient member is coupled to the component layer or the actuator layer by bonding.
- 19. The MEMs device of claim 1 wherein the resilient member is coupled to the component layer or the actuator layer by solder bonding, fusion bonding, glass frit bonding or adhesive bonding.
 - 20. The MEMs device of claim 1 wherein the resilient member is coupled to the component layer or the actuator layer by resilient compressive force.
 - 21. The MEMs device of claim 1 further comprising a stiffening frame disposed over the component layer.
 - 22. The MEMs device of claim 1 wherein the resilient member is hermetically sealed to the actuator layer.
- 23. MEMs device of claim 15 wherein the resilient member is hermetically sealed to the actuator layer and the transparent plate to hermetically package the MEMs device.
 - 24. A method of assembling a MEMS device at ambient temperature comprising the steps of:
- a) providing a component layer comprising a frame and at least one movable component movably coupled to the frame;
 - b) providing an actuation layer which contains at least one actuator for moving the movable component;

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- c) disposing a spacer between the component layer and the actuator layer so as to provide a predetermined vertical spacing gap between them, the spacer optionally being separate from or part of the mirror layer and/or the actuator layer; and
- d) coupling at least one resilient member to the component layer and the
 actuator layer to hold the component layer, the spacer and the actuator layer together
 by resilient force.
 - 25. The method of claim 24 wherein the of component layer and the actuator layer each have facing surfaces in a planar configuration.
- 26. The method of claim 24 wherein at least one of the component layer and the actuator layer has a mesa configuration.
 - 27. The method of claim 24 wherein the component layer comprises a plurality of components comprising movable mirrors.
 - 28. The method of claim 27 wherein the spacer forms a cavity between at least one mirror and its actuator, the cavity having walls blocking at least 20% of the peripheral area around the cavity.
 - 29. The method of claim 24 wherein the component layer comprises single crystal silicon.
 - 30. The method of claim 24 wherein the component layer comprises polycrystalline silicon.
 - 31. The method of claim 24 wherein the spacer has a coefficient of thermal expansion (CTE) different from that of the component layer and the actuator layer by not more than 50%.
 - 32. The method of claim 31 wherein the spacer material is selected from the group consisting of Si, Mo, W, Zr, Hf, Ta, Ti, Fe-Ni alloys or Fe-Co-Ni alloys.

- 33. The method of claim 24 wherein the assembly is performed at ambient temperature.
- 34. An improved optical power gain equalizer system for dynamically reducing the variation of optical signal strength comprising a MEMs device according to claim 6.
- 5 35. An improved wavelength division multiplexing telecommunication system comprising a MEMs device according to claim 6.
 - 36. An improved light signal switch for an optical telecommunication system comprising a MEMs device according to claim 6.
- 37. An improved variable optical attenuator for an optical telecommunication system comprising a MEMs device according to claim 6.